

If you spend a lot of time wishing you (and your vagina) felt younger, you might wonder if there's any way you can turn back the effects of time. Well, there is. Women who opt for vaginal rejuvenation report improved vaginal laxity, better sex, reduced stress incontinence, and other positive effects of this treatment.

#### LEAKAGE

Vaginal rejuvenation can help reduce the pads, rushing to the bathroom and avoiding everyday actions like coughing or sneezing that lead to embarrassing "accidents."

#### GENERAL APPEARANCE

Tighten labial tissues to reduce camel toes, sagging, and firm up the area for a smoother youthful appearance.

#### DRYNESS OR IRRITATION

Rejuvenation can make daily life and sexual intercourse more comfortable without the use of hormones.

#### SEXUAL FUNCTIONING

Tighten the vaginal canal for heightened sexual sensation for both you and your partner.

#### REVIVED ROMANCE

With increased vaginal sensitivity, more coordinated and stronger muscular contraction, and the ability to achieve stronger orgasms you can expect greater confidence and enjoyment in bed.

#### PELVIC PROLAPSE

Reduce symptoms of mild to moderate pelvic prolapse, maybe enough to avoid surgery.

**"reclaim your youthfulness"**

## Empowering Women From The Inside Out



simple and affordable  
to get started

please visit our website for costs

#### CONTACT US TODAY

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# anti-ageing for your hoo-haa

non-surgical | no downtime | pain-free

V'juvenate™



We recognize that as your  
“vajayjay”

goes through changes with age or  
after childbirth it might need a little TLC.

## About V'juvenation

V'juvenation was created for women who want to reclaim, restore, and revive their confidence and sexuality. It's unique unipolar radiofrequency device with smart software and technology gives the best vaginal rejuvenation results without the costs and implications of surgery. Used successfully in the USA since 2007, and Australian TGA approved in 2016.

## Is This You?

Leakage bothers you when you cough, sneeze or exercise

It is a challenge to hold it in until you get to the bathroom

Childbirth has damaged, stretched and left you with less sensitivity

You feel dry and uncomfortable during intercourse

Menopause has affected intimacy with your partner both physically and emotionally

Orgasms feel like a memory

## How it works

Radiofrequency energy is gently applied through a unique temperature – controlled hand-held device, shaped like a curved wand. The thermal action of the device can be applied both internally and externally with targeted precision, to enhance the growth of new collagen. This helps restore normal function to the labial and vulvar tissues, resulting in highly satisfying benefits such as firmness, elasticity, lubrication and sensitivity.



### TIGHTENING

Stimulates collagen synthesis, which strengthens and tightens vaginal walls, diminishing laxity.

### MOISTURISING

Stimulates neuropeptides release, which improves blood flow, increases natural lubrication and sensation to make intercourse a more pleasurable experience.

### STIMULATING

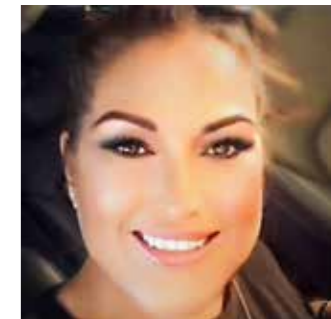
As new collagen forms, tissues plump, sensitivity increases resulting in stronger vaginal contractions and quicker orgasms.

- ✓ The procedure is non-surgical, takes between 40-60 minutes, and is performed by a trained clinician.
- ✓ Designed to give you total comfort, the temperature is set precisely, so it is effective and comfortable.
- ✓ With no anaesthesia and no downtime, you can resume your daily activities immediately after the treatment.
- ✓ The procedure is extremely safe, as in all the thousands of women who have had it, none have reported infections, blisters or burns (no wonder it's so popular!).
- ✓ The recommended treatment regimen is three treatments spaced 4 weeks apart.

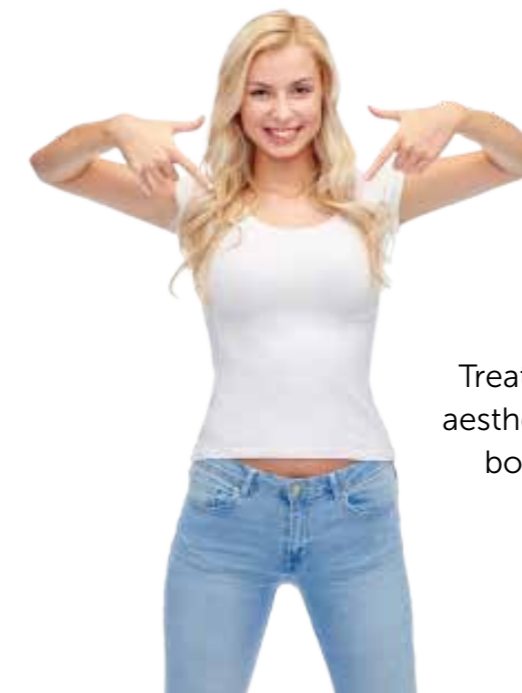
## Why V'juvenation?

Rickie brought the V'juvenate clinic to life after realising far too many women were either too afraid or embarrassed to discuss issues like vaginal atrophy, pain with intercourse or urinary incontinence. Concerned about the strange taboo surrounding discussion about such issues, and woman believing debilitating symptoms were just a normal part of life, she wanted to provide greater awareness of the radiofrequency technology which has the potential to change lives.

After dedicating the last 6 years of her career to women's health and becoming renowned as a ThermoViv® treatment specialist, Rickie is excited to share her experience and create an open-minded environment for every woman to feel confident, empowered and young - no matter what age they are!



RICKIE INNES | DIRECTOR  
MNursing, PostGradDip, BacNursing



## reclaim your youthfulness

Treat urinary incontinence, improve aesthetics, reduce vaginal discomfort, boost elasticity and moisture, to improve sexual pleasure.